

## Is Distance Riding for You?

Any fit equine can complete a novice ride or drive and get started on the endurance journey when the motto is "To Finish is to Win" and where miles logged is just as important as final placings.

The Upper Midwest Endurance and Competitive Rides Association (UMECRA) can help you get started in distance riding.

UMECRA offers novice distances at many sanctioned rides that are led by experienced endurance riders. If your equine is fit enough to trot or gait at an average pace for about an hour you are ready to start your journey!

You'll get to travel down some beautiful trails, meet fellow horse lovers, and compete completely under veterinary supervision to make sure your equine is "fit to continue" throughout the entire event.

UMECRA offers year end awards, mileage tracking and most breeds have a mileage tracking program our rides qualify for.

Visit our website –umecra.com for more information on rides, how to get started and a list of contacts to help you out. See you on the trails!



Upper Midwest Endurance & Competitive Rides Association www.umecra.com



American Endurance Ride Conference www.aerc.org

Photos Courtesy of Bob Zimmerman